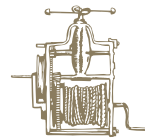


HEALTHY BREAKFAST

PORRIDGE BOWL <small>v/DF</small>	<small>S/L</small> €3.80/5.80
Oats, Apple Cinnamon, Pecans, Honey Drizzle	
YOGURT BOWL <small>v/GF</small>	€4.90/6.90
Low Fat Yogurt, Rotisserie Caramelized Pineapple, Shaved Coconut, Banana	
SMOOTHIE BOWL <small>v</small>	€4.90/6.90
Freshly Made Smoothie of the Day, Mix Berries, Homemade Granola	
ADDITIONAL TOPPINGS <small>v</small>	€1.50
Raspberries, Blueberries, Banana, Apple, Strawberries, Rotisserie Pineapple, Coconut, Chia Seeds, Goji Berries, Bee Pollen, Pecans	

JACKED UP TOAST

ROTISSERIE SWEET POTATO TOAST <small>v/DF/GF</small>	€6.90
Crushed Avocado, Tomato Salsa, Rocket	
2 FARM FRESH EGGS ANY STYLE <small>v</small>	€4.40
Served with Your Choice of Toast	



THE
SPITJACK
ROTISSERIE BRASSERIE

BREAKFAST

EGGS BENEDICT

THE SPITJACK CLASSIC	€7.40
Honey Glazed Rotisserie Ham, Two Poached Eggs, Toasted Sourdough, Traditional Hollandaise Sauce	
SMOKED ROYAL	€9.90
Ballycotton Smoked Salmon, Two Poached Eggs, Crushed Avocado, Soda Bread, Dill Hollandaise Sauce	
TRULY IRISH	€8.90
Jack McCarthy's Black Pudding, Two Poached Eggs, Apple Compote, Potato Hash, Traditional Hollandaise Sauce	
THE VEGGIE <small>v</small>	€7.90
Crushed Avocado, Tomato Salsa, Rocket, Two Poached Eggs, Avocado Hollandaise Sauce	
Choice of Baked Sweet Corn Cake or Toasted Brown Bread	

SIDES

Egg any style <small>v/GF</small>	€1.50	Two Slices Crispy Streaky Bacon <small>GF</small>	€2.90	Black or White Pudding	€2.90
O'Mahony's Sausage	€2.50	Ballycotton Smoked Salmon <small>GF/DF</small>	€3.20	Rotisserie Brown Mushrooms <small>v/GF/DF</small>	€2.20
Rotisserie Ham <small>GF/DF</small>	€2.90	Crushed Avocado <small>v/GF/DF</small>	€2.50	Two Slices of Toast <small>v/DF</small>	€1.50

FRESH JUICE BLENDS

FRESH ORANGE JUICE	€3.00
THE SPITJACK PROBIOTIC ICE TEA	€3.00
Our Own Fermented Kombucha Please ask server for the flavour of the day	
RECOVERY MEDICINE	€6.00
Fresh Mango, Pineapple, Turmeric, Coconut Water, Cayenne Red Pepper	
GREEN DIGESTIVE ELIXIR	€6.00
Fresh Orange, Apple, Kiwi, Avocado, Galangal, Matcha Lemonade	

"ROAST 34" COFFEE

Espresso	€2.50	Rose Latte	€3.50
Americano	€2.80	Lavender Latte	€3.50
Cappuccino	€3.00	Chai Latte	€3.50
Flat White	€3.00	Hot Chocolate	€3.00
Cortado	€2.70	Mocha	€3.00

HEARTY BREAKFAST

THE MINI JACK	€8.90
Two Poached or Scrambled Eggs, Toast, plus your choice of Side, Coffee or Tea	
THE FULL JACK	€11.00
O'Mahony's Sausages, Crispy Streaky Bacon, Jack McCarthy's Black Pudding, Kelly's of Newport White Pudding, Eggs any Style, Tomato, Mushroom, Toast, Coffee or Tea	
CHORIZO & SAUSAGE CRUMBLE	€8.50
Rotisserie Ham, O'Mahony's Sausage, Chorizo, White Beans, Almond & Thyme Crumble, Herb Crostini	

SWEET INDULGENCE

HOME-MADE BUTTERMILK PANCAKES <small>v</small>	€4.80
Served with Chocolate Sauce or Maple Syrup	
Cinnamon Apple with Maple Syrup	€6.50
White & Milk Chocolate Chips, Biscuit Crumble, Marshmallows, Chantilly Cream, Chocolate Sauce	€7.50
Bacon & Maple Syrup	€7.50
FRENCH TOAST <small>v</small>	€4.50
Served with Chantilly Cream & Maple Syrup	
Bacon & Maple Syrup	€7.40

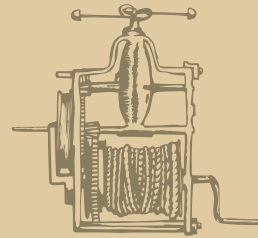
NEWBY TEA (LONDON)

Earl Grey	€2.80	Strawberry, Mango	€2.80
Green Sencha	€2.80	Moroccan Mint	€2.80
Rooibos Orange	€2.80	Rosehip, Hibiscus	€2.80
Camomile	€2.80	Berries Delight	€2.80

All Prices Include VAT

GF-Gluten Free V-Vegetarian DF-Dairy Free

Available Monday to Friday from 8am to 12pm, Saturday from 8am to 1pm, Sunday from 10am to 1pm



THE
SPITJACK
ROTISSERIE BRASSERIE

BREAKFAST