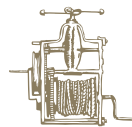


HEALTHY BREAKFAST

PORRIDGE BOWL <small>V/DF</small>	S/L €4.00/6.00
Oats, Apple Cinnamon, Pecans, Honey Drizzle	
SMOOTHIE BOWL <small>V</small>	€6.50/8.50
Freshly Made Smoothie of the Day, Mix Berries, Homemade Granola	
ADDITIONAL TOPPINGS <small>V</small>	€1.80
Raspberries, Blueberries, Banana, Apple, Strawberries, Rotisserie Pineapple, Coconut, Chia Seeds, Goji Berries, Bee Pollen, Pecans	

JACKED UP TOAST, BAPS & ROLLS

ROTISSERIE SWEET POTATO TOAST <small>V/DF/GF</small>	€9.90
Vegan Feta Cheese, Crushed Avocado, Tomato Salsa, Rocket, Dukkha.	
2 FARM FRESH EGGS ANY STYLE <small>V</small>	€4.70
Served with Your Choice of Toast	
VEGGIE TOAST	€4.90
Confit Tomatoes, Roasted Mushrooms, Dukkha, Sourdough Toast	
THE BREKKIE ROLL	€10
Sausage, Jack MacCarthys's Black Pudding, Bacon, Ciabatta Roll, Smoked Tomato Ketchup, Tea or Coffee	
THE VEGGIE ROLL	€10
Grilled Halloumi, Roasted Red Pepper, Guacamole, Ballymaloe Relish, Ciabatta Roll, Tea or Coffee	



THE
SPITJACK
ROTISSERIE BRASSERIE

BREAKFAST

EGGS BENEDICT

THE SPITJACK CLASSIC	€7.70
Honey Glazed Rotisserie Ham, Two Poached Eggs, Toasted Sourdough, Traditional Hollandaise Sauce	
SMOKED ROYAL	€10.40
Ballycotton Smoked Salmon, Two Poached Eggs, Crushed Avocado, Soda Bread, Dill Hollandaise Sauce	
TRULY IRISH	€9.50
Jack McCarthy's Black Pudding, Two Poached Eggs, Apple Compote, Potato Hash, Traditional Hollandaise Sauce	
THE VEGGIE <small>V</small>	€8.50
Crushed Avocado, Tomato Salsa, Rocket, Two Poached Eggs, Avocado Hollandaise Sauce Choice of Baked Sweet Corn Cake or Toasted Brown Bread	
WILD ATLANTIC WAY	€10
Ballycotton Salmon & Cod Fish Cake, Two Poached Eggs, Traditional Hollandaise Sauce	

SIDES

Egg any Style <small>V/GF</small>	€1.60	Two Slices Crispy Streaky Bacon <small>GF</small>	€3.00	Kelly's of Newport White Pudding	€3.00
Irish Pork Sausage	€2.80	Ballycotton Smoked Salmon <small>GF/DF</small>	€4.00	Rotisserie Brown Mushrooms <small>V/GF/DF</small>	€2.40
Rotisserie Ham <small>GF/DF</small>	€3.00	Jack McCarthy's Black Pudding	€3.00	Two Slices of Toast <small>V/DF</small>	€1.70

FRESH JUICE BLENDS

FRESH ORANGE JUICE	€3.50
THE SPITJACK PROBIOTIC ICE TEA	€3.00
Our Own Fermented Kombucha Please ask server for the flavour of the day	
RECOVERY MEDICINE	€6.00
Fresh Mango, Pineapple, Turmeric, Coconut Water, Cayenne Red Pepper	
GREEN DIGESTIVE ELIXIR	€6.00
Fresh Orange, Apple, Kiwi, Avocado, Galangal, Matcha Lemonade	

"ROAST 34" COFFEE

Espresso	€2.50	Rose Latte	€3.50
Americano	€2.80	Lavender Latte	€3.50
Cappuccino	€3.00	Chai Latte	€3.50
Flat White	€3.00	Hot Chocolate	€3.00
Cortado	€2.70	Mocha	€3.00

NEWBY TEA (LONDON)

Earl Grey	€2.80	Strawberry, Mango	€2.80
Green Sencha	€2.80	Moroccan Mint	€2.80
Rooibos Orange	€2.80	Rosehip, Hibiscus	€2.80
Camomile	€2.80	Berries Delight	€2.80

HEARTY BREAKFAST

THE MINI JACK	€9.90
Two Poached or Scrambled Eggs, Toast, plus your choice of Side, Coffee or Tea	
THE FULL JACK	€12.50
Irish Pork Sausages, Crispy Streaky Bacon, Jack McCarthy's Black Pudding, Kelly's of Newport White Pudding, Eggs any Style, Tomato, Mushroom, Toast, Coffee or Tea	
THE FULL VEG	€12.50
Two Eggs any Style, Grilled Halloumi, Confit Tomatoes, Roasted Mushrooms, Potato Hash, Guacamole, Roasted Red Peppers, Toast, Coffee or Tea	
HUEVOS RANCHEROS	€10.50
Rotisserie Pork Belly, Chorizo, Butter Bean & Chilli Ragu, Guacamole, Spring Onion, Fried Eggs, Toasted Sourdough	

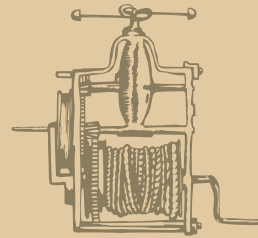
SWEET INDULGENCE

HOMEMADE BUTTERMILK PANCAKES <small>V</small>	€5.00
Served with Chocolate Sauce or Maple Syrup	
Seasonal Berry's, Chantilly Cream	€8.50
White & Milk Chocolate Chips, Biscuit Crumble,	€8.00
Marshmallows, Chantilly Cream, Chocolate Sauce	
Bacon & Maple Syrup	€8.00
FRENCH TOAST <small>V</small>	€4.80
Served with Chantilly Cream & Maple Syrup	
Bacon & Maple Syrup	
BELGIAN WAFFLES	€6.00
Served with Chantilly Cream & Maple Syrup	
Bacon & Maple Syrup	€9.00
CHICKEN & WAFFLES	€9.90
Crispy Fried Pulled Rotisserie Chicken, Homemade Buffalo sauce	

All Prices Include VAT

GF-Gluten Free V-Vegetarian DF-Dairy Free

Available Monday to Friday from 9am to 12pm, Saturday from 9am to 1pm, Sunday from 10am to 1pm



THE
SPITJACK
ROTISSERIE BRASSERIE

BREAKFAST